

Patient Health History

Patient Name: _____

Date: _____

The vast majority of our patients have been involved in dozens of **IMPACTS** that could cause **VERTEBRAL SUBLUXATION** (spinal misalignments); the doctor wants to discover 5 of yours.

1. When was your MOST recent Auto/Motorcycle Accident? Date: _____
 - Speed? _____ Mph (Please Circle) Front Back Side Other
 - Any treatment received? Yes No Chiropractic Care? Yes No

2. When was the auto accident before that? Date: _____
 - Speed? _____ Mph (Please Circle) Front Back Side Other
 - Any treatment received? Yes No Chiropractic Care? Yes No

Most people have a slip, strain, twist, or fall playing sports at home or at work, whether it was reported or not.

1. When was your most recent injury? Date: _____
Briefly Describe: _____
 - Any treatment received? Yes No Chiropractic Care? Yes No

2. What was the injury before that? Date: _____
Briefly Describe: _____
 - Any treatment received? Yes No Chiropractic Care? Yes No

3. What was the injury before that? Date: _____
Briefly Describe: _____
 - Any treatment received? Yes No Chiropractic Care? Yes No

Please list any other important traumas (i.e. childhood traumas, illnesses, fractures, sprains, surgeries) not mentioned above:

- Date: _____ Briefly Describe the trauma: _____
- Any treatment received? Yes No Chiropractic Care? Yes No
- Date: _____ Briefly Describe the trauma: _____
- Any treatment received? Yes No Chiropractic Care? Yes No
- Date: _____ Briefly Describe the trauma: _____
- Any treatment received? Yes No Chiropractic Care? Yes No

(Over)

**CAN YOU SEE HOW THIS IS STARTING TO MAKE SENSE ABOUT HOW VERTEBRAL
SUBLUXATIONS ARE CAUSED?**

Vertebral Subluxation affects your nervous system which affects your health

1. Vertebral subluxation can put pressure on nerves for a long period or time.

How long have you had:

Neck pain/Stiffness	_____	Rib Problems	_____
Headaches	_____	Low back Pain	_____
Shoulder Pain	_____	Hip/Groin Pain	_____
Arm/Hand Pain	_____	Leg Pain	_____
High Blood Pressure	_____	Dizziness	_____
Allergies/Asthma	_____	Upper/Mid Back	_____
Other	_____		

2. Vertebral subluxation can cause irritation to different nerve fibers, is your condition:

(please circle)

Sharp Dull Throbbing Burning Aching Stabbing Pain

3. Depending on the TYPE and Degree of subluxation, the nerve pressure can be **constant** or **occasional**. How often do you have yours? _____

4. Vertebral subluxation can cause weakening to the entire spine. Is your condition worse in

(please circle)

In the AM In the PM Anytime After Activity

5. Sleeping improperly can create spinal misalignments or enhance pre-existing conditions.

Do you sleep:

(please circle)

On your back On your stomach On your side: R L

6. The very first vertebral subluxation can occur during the birthing process.

Any Complications? Y N Briefly Describe: _____

Patient's Signature: _____